

Presidential Ponderings – May 2023

Hello fellow members.

We are still living in a turbulent world; it is fortunate our little oasis is calm and peaceful.

Another month has passed and covid is still with us. Unfortunately, Peter one of our tutors, has succumbed. Fortunately, it appears not to have spread.

Please remain vigilant.

Not a week before Peter had asked if we had a welfare officer. Later, I found that this was a position in the past. This position has been re-instated. Robin F has volunteered to take this on. Robin has spent her working life in the aged care system as an occupational therapist and has an extensive medical understanding, so if you need someone to talk to explain medical jargon please reach out. We also have retired nurses who may like to help.

We have one other member who has had his ailment diagnosed and is waiting for the doctors to come up with the best options for recovery. Robin has offered to explain in lay terms if needed.

Do we have any Taswegians? Congratulations, the AFL has made you part of Australia.

It is good to be back after a break, even if it was only two weeks, class participation is high, people seem refreshed.

The committee, old and new are easing into the operational requirements. The committee is your committee. ***We are always looking for new course ideas and tutors. If there is something you would like to do, let us know and let's try to make it happen.***

A sense of humour is critical to good physical and mental health.

I wanted to include some cartoons collected from the web but cannot find a way to include in the ponderings, the program won't allow graphics.

I was in the office today and asked if we had any outgoing mail. The reply was priceless. Only if you turn around and leave.

People tell me you're going to regret that in the morning. I sleep until noon, I'm a problem solver.

The older I get the more I regret all the people I have lost over the years, maybe being a trail guide wasn't such a great idea after all.