



THE UNIVERSITY OF THE THIRD AGE

## **U3A Frankston**

### **2021 Class Booklet**

15 January 2021

#### **U3A Frankston Contact Details**

PO Box 6047

Frankston

Victoria, 3199

Phone: (03) 9770 1042

General Email contact: [office@u3af.org.au](mailto:office@u3af.org.au)

Classes Email contact: [coursecoord@u3af.org.au](mailto:coursecoord@u3af.org.au)

Volunteer Email contact: [office@u3af.org.au](mailto:office@u3af.org.au)

Web: <https://u3af.org.au>

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<http://u3af.org.au/wp-content/uploads/2021/01/booklet-1001-1610690843.pdf>

# Creative Arts

## **21ART01: Creative Crafts**

**Type: 4 Terms**

**Dates: 04/02/2021 - 16/12/2021**

**Frequency: Weekly Class, Thu 11:15 - 12:15**

**Location: Karingal Place Room 1**

**Tutor: Marcia Gingold**

The happy buzz emanating from Room 1 comes from the industrious and talented members of the Creative Crafts class. Ably led by Marcia, and assisted by Sandra, this group gathers to learn, produce and exchange ideas on an assortment of crafts, knitting, crochet, needlework, quilting, embroidery and beading. We bring along our individual pieces and happily work away amidst chatter and shared appreciation/interest. Hurdles are overcome by the collective wisdom and experience of the members. We welcome newcomers and are excited by new ideas, so please come and join us. Beginners and learners are very welcome.

## **21ART02: Creative Photography**

**Type: 4 Terms**

**Dates: 04/02/2021 - 16/12/2021**

**Frequency: Weekly Class, Thu 12:30 - 13:30**

**Location: Karingal Place Room 2**

**Tutor: Keith Broad**

This class is designed for people who not only want to develop their photographic skills, but also have a whale of a time doing it. Over the year, students will learn \* elements of composition \* working with different light conditions \* how to photograph a wide variety of subjects, and \* what is needed to develop observational skills. Typically, this class will meet at a location one week, then meet back at U3A Karingal Place the next.

## **21ART03: Monday Afternoon Art Club**

**Type: 4 Terms**

**Dates: 01/02/2021 - 13/12/2021**

**Frequency: Weekly Class, Mon 12:30 - 14:45**

**Location: Karingal Place Room 3**

**Tutor: Keith Broad**

What a way to start your week! Get your creative juices flowing. Whilst these classes are led by Keith, students are encouraged to develop their own art projects using the media of their choice. Keith will mentor students individually with their projects and he will also provide demonstrations of techniques and discuss ways to develop inspiration. Topics that will be covered through the year will be drawing, composition, colour, watercolour techniques and developing individual creativity.

Students will be required to provide their own materials.

## **21ART04: Friday Morning Art Club**

**Type: 4 Terms**

**Dates: 05/02/2021 - 17/12/2021**

**Frequency: Weekly Class, Fri 10:00 - 12:15**

**Location: Karingal Place Room 3**

**Tutor: Keith Broad**

FMAC is a class that will accommodate students interested in a variety of art media. The art club is supported by tutor, Keith Broad. He will guide students on their individual art projects as well as provide tutorials on drawing, composition and colour. Keith will also demonstrate techniques and monitor their application by students. Keith likes his classes to be informal, with a sunny disposition, so you are invited to finish your week on an upbeat note!

Bring your own art materials. Please note: students painting in oil paints are encouraged to use either water soluble oils or water soluble mediums.

## **21ART05: Creative Writing Karingal Place**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Weekly Class, Tue 10:00 - 11:00**

**Location: Karingal Place Room 3**

**Tutor: Ann Simic**

Explore your creativity through writing of your choice: prose (including short stories, memoirs and flights of fancy) and poetry.

## **21ART06: Oil Painting Workshop.**

**Type: 4 Terms**

**Dates: 05/02/2021 - 17/12/2021**

**Frequency: Weekly Class, Fri 12:30 - 14:45**

**Location: Karingal Place Room 3**

**Tutor: Carolen Seymour**

Social group for beginners and advanced artists. Class supported by tutor. Informal atmosphere.

**21ART07: Drawing for Beginning Artists**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Fortnightly Class, Tue 12:30 - 13:30**

**Location: Karingal Place Room 2**

**Tutor: Dave Goldsmith**

This class will provide beginning artists with a structured programme to develop foundational drawing skills. It will introduce students to various drawing materials and will take them through a series of developmental activities designed to remove the veil of drawing anxiety! This class runs FORTNIGHTLY on Tuesdays. starts 02 February 2021

Student resources to bring to class: Several Mixed Pencils & Art Folio, Book or Pad, Plain Paper; Hand-outs provided.

**21ART08: Beginners Card Making**

**Type: 3 Terms**

**Dates: 05/02/2021 - 17/12/2021**

**Frequency: Weekly Class, Fri 10:00 - 11:00**

**Location: Karingal Place Room 1**

**Tutor: Wendy McKelvie**

Participants will make 2 cards each week. Materials, blank cards and envelopes provided at a cost of \$2 each per week. Birthday, get well and special sentiment cards will be made. Participants will need scissors, a glue stick, pencil and ruler. Please note: There will be no classes during July.

Please note: This class runs Term 1, Term 2, part of Term 3, all of Term 4. There are no classes between July 1st through to July 30th, 2021. This means Wendy's class for term 3 starts Friday August 6, 2021.

**21ART09: Drawing for Beginning Artists ZOOM**

**Type: 4 Terms**

**Dates: 09/02/2021 - 07/12/2021**

**Frequency: Fortnightly Class, Tue 12:30 - 13:30**

**Location: Zoom**

**Tutor: Dave Goldsmith**

This class will provide beginning artists with a structured programme to develop foundational drawing skills. It will introduce students to various drawing materials and will take them through a series of developmental activities designed to remove the veil of drawing anxiety! This ZOOM class runs FORTNIGHTLY on Tuesdays. Starts 09 February 2021

This is a ZOOM class. Student resources to have at home: Several Mixed Pencils & Art Folio, Book or Pad and Plain Paper.

## **Fitness, Walking, Rambling, Tai Chi**

### **21EXC01: Rambling All Over**

**Type: 4 Terms**

**Dates: 10/02/2021 - 15/12/2021**

**Frequency: Random dates as specified, Wed 10:00 - 14:30**

**Location: Off Campus**

**Tutor: Suzanne Byrne**

Easy urban and Peninsula walks of 4-7 kms. Explore, sightsee and socialise while keeping fit. Held on the 2nd and 4th Wednesday of the month during Victorian Schools' Term time. Our schedule of walks will be emailed to members, otherwise see the U3A website or pick up a hard copy from the office. IN THE EVENT THE TEMPERATURE IS FORECAST TO EXCEED 34C, OUR RAMBLE FOR THAT DAY WILL NOT PROCEED.

### **21EXC02: Exercise to Music. Terms 1, 2 & 4**

**Type: 3 Terms**

**Dates: 01/02/2021 - 12/12/2021**

**Frequency: Weekly Class, Mon 9:30 - 11:00**

**Location: Frankston North Comm**

**Tutor: June Hewitt**

Movement to music including using balls, hoops and scarves. We also do cardio-weights and Tai Chi. All these are incorporated into one hour. There is then an extra 30 minutes of floor Pilates. Please bring a yoga mat. This class is not available during Term 3.

### **21EXC03: Social Golf**

**Type: 4 Terms**

**Dates: 05/02/2021 - 17/12/2021**

**Frequency: Weekly Class, Fri 7:30 - 16:00**

**Location: Off Campus**

**Tutor: Bob Favaloro**

Come have a social game of golf and some friendly banter. Centenary Park Golf Club, McClelland Drive Frankston. Friday morning 7.30am. Runs all year. 18 Holes \$24.50. 9 Holes \$19.50. Clubs and buggy can be hired. Stay and enjoy drink (coffee, tea, beer or wine) and chat after the game. Open to all levels of golfers. Group lessons can be arranged.

### **21EXC04: Tai Chi**

**Type: 4 Terms**

**Dates: 02/02/2021 - 13/12/2021**

**Frequency: Weekly Class, Tue 9:30 - 10:30**

**Location: Frankston North Comm**

**Tutor: Zandra Daniels**

Tai Chi is something people of any age can learn. The movements are slow & gentle, and you can work at your own level. Many older people can do Tai Chi, even those with arthritis.

### **21EXC05: Bike Riding**

**Type: 4 Terms**

**Dates: 07/02/2021 - 19/12/2021**

**Frequency: Weekly Class, Sun 8:30 - 12:00**

**Location: Off Campus**

**Tutor: Peter Stirling**

We ride on trails in and around S.E. Peninsula, sometimes catching the train to a location and riding home. We also ride with Mornington U3A each week. Rides are 30kms to 40kms. We leave at about 8:30am and are home about lunchtime. A coffee break is had about the half-way point. Rides are neither too fast nor too slow but a moderate state of fitness is required. Emails are sent out each week for meeting place and time for the next ride. For members requiring information on shorter rides please ring Peter Stirling on 0439 562 166 Peter away term 3 but Mornington U3A still riding

### **21EXC06: Dance for Fitness & Well-being**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Weekly Class, Tue 13:30 - 15:30**

**Location: Langwarrin Hall**

**Tutor: Bob Favaloro**

STARTING DATE TO BE ADVISED Join us for dancing and improve your fitness, balance and help reverse ageing within your brain as you master new dance steps. All ballroom styles will be taught and practised, including the Waltz, Slow Foxtrot, Evening Three Step, Gypsy Tap, Seniors' Jive, Cha Cha, Rhumba and more. Put on your dancing shoes and come have some fun. Langwarrin Hall 2/183N Cranbourne Road Langwarrin.

# Mahjong, Crosswords and Games

## **21GAM01: Mahjong Intermediate**

**Type: 4 Terms**

**Dates: 01/02/2021 - 13/12/2021**

**Frequency: Weekly Class, Mon 13:00 - 16:00**

**Location: Karingal Uniting Church 86 Karingal Drive**

**Tutor: Kieth Pyke**

This class assumes a basic knowledge of Mahjong sufficient for students to play without direct supervision (although they will still have access to tutors, if required) All students are encouraged to obtain a copy of 'Improve your Mahjong' by Patricia A. Thompson and Betty Maloney.

Note: \* Max enrolment for this class, will be 28 students. This class is located at Karingal Uniting Church, 86 Karingal Drive, Frankston. A wait list is available for this class.

## **21GAM02: Mahjong Introduction**

**Type: 4 Terms**

**Dates: 01/02/2021 - 13/12/2021**

**Frequency: Weekly Class, Mon 13:00 - 16:00**

**Location: Karingal Uniting Church 86 Karingal Drive**

**Tutor: Kieth Pyke**

This class requires no previous knowledge and each student receives direct instruction from a tutor. As students progress, they move to the Intermediate Class that is conducted at the same time so that they still have access to tutors. All students are encouraged to obtain a copy of 'Improve your Mahjong' by Patricia A. Thompson and Betty Maloney.

Note: \* Max enrolment for this class, will be 28 students. This class is located at Karingal Uniting Church, 86 Karingal Drive, Frankston. A wait list is available for this class.

## **21GAM03: Mahjong Advanced**

**Type: 4 Terms**

**Dates: 03/02/2021 - 15/12/2021**

**Frequency: Weekly Class, Wed 13:00 - 16:00**

**Location: Karingal Uniting Church 86 Karingal Drive**

**Tutor: Robyn Andrews**

This class assumes a good knowledge of Western Mahjong, sufficient to play without supervision. All students are encouraged to obtain a copy of 'Improve your Mahjong' by Patricia A. Thompson and Betty Maloney.

Note: \* Max enrolment for this class, will be 28 students. This class is located at Karingal Uniting Church, 86 Karingal Drive, Frankston. A wait list is available for this class.

## **21GAM04: Rummikub**

**Type: 4 Terms**

**Dates: 05/02/2021 - 17/12/2021**

**Frequency: Weekly Class, Fri 12:30 - 14:30**

**Location: Karingal Uniting Church 86 Karingal Drive**

**Tutor: Robyn Gould**

A brain game for sets of 3 or 4 players per table using numbered tiles. Great fun and very sociable.

Note: \* Max enrolment for this class, will be 28 students. This class is located at Karingal Uniting Church, 86 Karingal Drive, Frankston. A wait list is available for this class.

## **21GAM05: Canasta**

**Type: 4 Terms**

**Dates: 05/02/2021 - 17/12/2021**

**Frequency: Weekly Class, Fri 10:30 - 12:15**

**Location: Karingal Uniting Church 86 Karingal Drive**

**Tutor: None**

Play this fascinating card game. Beginners and those who have played before are most welcome. Please note that there is a limit of 3 beginners. IF YOU ARE A BEGINNER - PLEASE NOTIFY THE OFFICE WHEN YOU ENROL.

Note: \* Max enrolment for this class, will be 28 students. This class is located at Karingal Uniting Church, 86 Karingal Drive, Frankston. A wait list is available for this class.

## Current Affairs History Science

### **21HUM01: Literature & Film Study**

**Type: 4 Terms**

**Dates: 04/02/2021 - 24/06/2021**

**Frequency: Weekly Class, Thu 10:00 - 12:15**

**Location: Karingal Place Room 2**

**Tutor: Margaret Mace**

A quick look at London's Bloomsbury Group of Artists and Writers in the 1900's. Followed by our own version of an intellectual group in 'Heide' at the home of John and Sunday Reed. Then a study of the life and times of Oscar Wilde, wondering: 'where does he fit in?' Finally a viewing of Oscar Wilde's Children's Stories, poetry and a DVD of his famous play: 'The Importance of Being Earnest' [Details of further studies will be posted later in the year.]

Note: \* Max enrolment for this room is 15 students. Tutors Minimum class size is 10 students.

### **21HUM02: Big Ideas**

**Type: 4 Terms**

**Dates: 03/02/2021 - 15/12/2021**

**Frequency: Weekly Class, Wed 11:15 - 12:15**

**Location: Karingal Place Room 2**

**Tutor: Bill Puls**

An issues-focused class taking a mostly light-hearted approach to the ideas behind human affairs-lectures, videos, discussion

Note: \* Max enrolment for this room is 15 students. Tutors Minimum class size is 6 students.

### **21HUM03: Self-Guided Tarot ZOOM**

**Type: 4 Terms**

**Dates: 04/02/2021 - 16/12/2021**

**Frequency: Weekly Class, Thu 9:30 - 11:00**

**Location: Zoom**

**Tutor: None**

This class is now self-guided. It is recommended that you use the Rider Waite Card deck. Notes will be provided.

### **21HUM04: History and More**

**Type: 4 Terms**

**Dates: 01/02/2021 - 13/12/2021**

**Frequency: Weekly Class, Mon 10:00 - 11:00**

**Location: Karingal Place Room 2**

**Tutor: Paula Deane**

History from the Ancient to the Modern, covering subjects that will include: Civilisations, Science, Warfare, Myths, Religion and others. During the year we will be looking at: The Remarkable Science of Ancient Astronomy and the Mysterious Etruscans.

### **21HUM06: Current Affairs Karingal Place**

**Type: 4 Terms**

**Dates: 05/02/2021 - 17/12/2021**

**Frequency: Weekly Class, Fri 10:00 - 11:00**

**Location: Karingal Place Room 2**

**Tutor: Ian Browne**

A lively but friendly group discussion that tries to cover most of what is going on in the world each week. We talk about international, Australian and local news events as well as social trends and issues. Come along and get involved or just come along and listen.

### **21HUM07: Book Discussion Group 2nd Tue**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Monthly Class, Tue 12:30 - 13:30**

**Location: Karingal Place Room 1**

**Tutor: Robyn Gould**

Participants read a selected book each month and meet to discuss content and characters, etc. An opportunity to read something not previously thought to be of interest.

**21HUM08: Drama Class**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Weekly Class, Tue 12:30 - 13:30**

**Location: Karingal Place Room 3**

**Tutor: Ann Simic**

Do you want to develop your acting abilities, write plays both short and long, participate in stage productions - producing plays, managing onstage operations and arranging equipment to promote the stage activities? This drama school that is your drama school will be a family of drama people and will be involved in all things theatrical. Your ideas, shared as a team, whether on stage or behind the scenes, will be a feature of a successful production. Once you went to see your children on stage. Now it's their turn to see you on stage. Imagine little Jimmy or little Susie saying 'there's my pop' or 'there's my grandma' on stage and you are, we are, the idol of the world. Here comes the star, it will be you, it will be us, all dressed up, wearing make-up. It will make you feel young again and why not, actors, playwrights, producers, and directors they never age they just get better as they are immersed in the world of make believe. U3A Drama School will meet at flexible times, in various rooms and locations. All meeting times will be given at each rehearsal, and via email and texts.

Minimum class size is 5 members.

**21HUM09: Science**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Weekly Class, Tue 13:45 - 14:45**

**Location: Karingal Place Room 3**

**Tutor: Mary Sanghvi**

We will be looking at what is going on in the world from a scientific viewpoint. Ever since Galileo proved that the Earth was not the centre of the universe, science has been considered "the inconvenient truth". What are the realities of global warming? Where and how did life begin on Earth? How has science changed the world in our lifetimes, and what next? This class combines teaching, discussion and documentaries. No scientific knowledge is required. Only an interest in the world about us. Mary Sanghvi has an Honours degree in Applied Physics. Her career has encompassed: scientific journalism (New Scientist and the Grolier Children's Encyclopedia); high school teaching (maths and science); creation of an award-winning online tutorial program (Kinetic Education).

**21HUM10: Philosophy**

**Type: 4 Terms**

**Dates: 03/02/2021 - 15/12/2021**

**Frequency: Weekly Class, Wed 10:00 - 11:00**

**Location: Karingal Place Room 2**

**Tutor: Don MacDonald**

Lectures will be drawn from the commercial US source, 'The Great Courses' & may include 'Great Ideas of Philosophy' by Daniel Robinson, 'Mathematics, Philosophy and the Real World' by Judith Grabiner, 'Great Thinkers, Great Theorems' by William Durham. All presenters are acclaimed academics at leading American universities who will present their lectures in video form. Please book your front row seat for this feast of engaging thought and lively discussion. NO PRIOR KNOWLEDGE is necessary but a willingness to engage, especially in discussion, is desirable.

**21HUM11: Current Affairs ZOOM**

**Type: 4 Terms**

**Dates: 05/02/2021 - 17/12/2021**

**Frequency: Weekly Class, Fri 13:30 - 14:30**

**Location: Zoom**

**Tutor: Ian Browne**

A lively but friendly group discussion that tries to cover most of what is going on in the world each week. We talk about international, Australian and local news events as well as social trends and issues. Login and get involved or just come along and listen.

**21HUM12: Grief and Loss**

**Type: Short Class**

**Dates: 03/02/2021 - 10/03/2021**

**Frequency: Weekly Class, Wed 11:15 - 12:45**

**Location: Karingal Place Room 3**

**Tutor: Mary Ellen Smith**

This class runs for 6 weeks and addresses the discomfort that many people experience with grief and looks at normalising grief; seeing it as a natural response to many life events such as illness, mobility, retirement, divorce and death. There will be a focus on learning how to manage grief and live a meaningful life after loss. This class will be conducted in a safe, small group setting that will provide members with opportunities to share their experiences. The tutor has a professional background in clinical social work (see [www.grieflossandchange.com](http://www.grieflossandchange.com))

NOTE: This 6 week class commences at the BEGINNING OF TERM 1 03/02/21



**21HUM13: Criminology**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Fortnightly Class, Tue 11:15 - 12:15**

**Location: Karingal Place Room 3**

**Tutor: Yvonne Lenders**

Theories of Crime and Criminality, Criminal Law, and Case Studies Fortnightly class. Starts 02/02/21. No class 13/04/21 (School Hols.)

Note: \* Max enrolment for this room is 12 students. Tutor's minimum for this class will be 4 students.

**21HUM14: Big Ideas**

**Type: 4 Terms**

**Dates: 03/02/2021 - 15/12/2021**

**Frequency: Weekly Class, Wed 13:45 - 14:45**

**Location: Karingal Place Room 2**

**Tutor: Bill Puls**

An issues-focused class taking a mostly light-hearted approach to the ideas behind human affairs-lectures, videos, discussion

Note: \* Max enrolment for this room is 15 students. Tutors Minimum class size is 6 students.

**21HUM16: Mindfulness for Life ZOOM**

**Type: 4 Terms**

**Dates: 05/02/2021 - 17/12/2021**

**Frequency: Weekly Class, Fri 10:00 - 11:00**

**Location: Zoom**

**Tutor: Shekhar Kamat**

Life can be wobbly sometimes. It requires stability. 'Mindfulness for Life' will look at what simple precautions we can take so we can overcome various challenges we face in our daily life. This regular group discussion and meditation will help you to learn new tools to adopt a positive lifestyle and the inner workings of our mind to regain stability.

**21HUM17: World's Best Moving Images ZOOM**

**Type: None**

**Dates: 01/02/2021 - 13/12/2021**

**Frequency: Weekly Class, Mon 13:00 - 14:30**

**Location: Zoom**

**Tutor: Ross McLennan**

Each session: to make you laugh, something to warm your heart, something sharpen and broaden your mind. Join with me to share and discuss the world's best moving images. Top documentaries from sources such as Nova, BBC, National Geographic. Short films from Omeleto and Vimeo. Music videos such as Verdi's Chorus of the Hebrew Slaves or the Triumphal March from Aida, and if these are unfamiliar, soon you will learn to love just as much as I do. That is a promise. Let us study Gregory Peck's Atticus Finch making his final address to the jury in To Kill a Mockingbird, and Winston Churchill's We Shall Never Surrender. Perhaps Jennifer Granholm's A Clean Energy Proposal or Julia Gillard's misogyny speech. And let us consider deep questions such as how large is our universe, what happens when we die, and does extra-terrestrial life exist. The world in moving images is ours to share so come share it with me.

## Languages

**21LAN01: Italian Beginners**

**Type: 4 Terms**

**Dates: 16/02/2021 - 14/12/2021**

**Frequency: Weekly Class, Tue 13:45 - 14:15**

**Location: Karingal Place Room 2**

**Tutor: Maureen Mirabella**

In preparation for a holiday in Italy or just for the fun of learning a new language, this class requires only an interest in all things Italian. Class starts 16/02/21

Note: \* Max enrolment for this room is 15 students. Tutors Minimum class size is 7 students.

**21LAN02: Italian Beginners Plus**

**Type: 4 Terms**

**Dates: 16/02/2021 - 14/12/2021**

**Frequency: Weekly Class, Tue 11:15 - 12:15**

**Location: Karingal Place Room 2**

**Tutor: Maureen Mirabella**

Once you have grasped the basics of the Italian language, you will move on here to a broader experience of the Italian language and culture. Class starts 16/02/21

Note: \* Max enrolment for this room is 15 students. Tutors Minimum class size is 6 students.

**21LAN03: Italian Intermediate**

**Type: 4 Terms**

**Dates: 16/02/2021 - 14/12/2021**

**Frequency: Weekly Class, Tue 10:00 - 11:00**

**Location: Karingal Place Room 2**

**Tutor: Maureen Mirabella**

For those with a fairly solid foundation in Italian, this class will facilitate your journey towards the understanding of all things Italian. Class starts 16/02/21

Note: \* Max enrolment for this room is 15 students. Tutors Minimum class size is 6 students.

**21LAN04: French Beginners**

**Type: 4 Terms**

**Dates: 03/02/2021 - 15/12/2021**

**Frequency: Weekly Class, Wed 13:45 - 14:45**

**Location: Karingal Place Room 3**

**Tutor: Lolita Sandrazie**

This class is aimed at those who want to learn French with no previous knowledge. You will learn basic French starting with grammar, verbs, basic conversation, dictation and there will also be homework. Please note that this class is not for those who intend to travel and just want to learn a few words.

Note: \* Max enrolment for this room is 12 students. Tutors Minimum class size is 6 students.

**21LAN05: French Beginners Plus**

**Type: 4 Terms**

**Dates: 03/02/2021 - 15/12/2021**

**Frequency: Weekly Class, Wed 15:00 - 16:30**

**Location: Karingal Place Room 3**

**Tutor: Lolita Sandrazie**

This class is for those who have successfully completed basic French. Emphasis will be on grammar, verbs, conjugation, conversation and dictation. You will also be given homework. It is a prerequisite that new students will have to take a written test to determine their suitability.

Note: \* Max enrolment for this room is 12 students. Tutors Minimum class size is 6 students.

**21LAN07: Auslan**

**Type: 4 Terms**

**Dates: 04/02/2021 - 16/12/2021**

**Frequency: Weekly Class, Thu 13:45 - 14:45**

**Location: Karingal Place Room 3**

**Tutor: Marie Hanak**

We learn Auslan - signing for fun! Come and join our Auslan Class and learn a new skill. A class where you can learn to communicate in a different way, in a relaxed and friendly group. There`s lots of fun and laughter while we exercise our fingers and our brains.

**21LAN08: Have fun with German**

**Type: 4 Terms**

**Dates: 04/02/2021 - 16/12/2021**

**Frequency: Weekly Class, Thu 11:15 - 12:15**

**Location: Karingal Place Room 3**

**Tutor: Heidi Schliephake**

This class is about having fun together. If you have some knowledge of German and want to refresh your knowledge, please join us.

**21LAN10: German Conversation**

**Type: 4 Terms**

**Dates: 04/02/2021 - 16/12/2021**

**Frequency: Weekly Class, Thu 13:45 - 14:45**

**Location: Karingal Place Room 1**

**Tutor: Sigi Piper**

The main focus of this class is conversation between class members with verbal corrections by the tutor. Reading, writing and translation will also be practised with grammar taught or revised.

**21LAN11: French Conversation**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Weekly Class, Tue 11:15 - 12:15**

**Location: Karingal Place Room 1**

**Tutor: Michele Sombardier**

The main focus of this class is conversation between class members with verbal corrections by the tutor.

This is a class-room class. Which means, this class will be run at U3A. And is therefore no-longer available in 2021 on ZOOM. Note: Max enrolment for this room are 10 students.

## Music Appreciation Instrumental and Choral Groups

### 21MUS01: Choir Frankston Uniting Church

Dates: 04/02/2021 - 16/12/2021

Location: Uniting Church

Our motto is 'We Sing for Fun'. We have a happy time singing songs; some in unison, some in parts. Members do not need to be able to read music but the ability to do so is an advantage.

Type: 4 Terms

Frequency: Weekly Class, Thu 9:30 - 12:00

Tutor: Luke Severn

### 21MUS02: A' Capella Group

Dates: 04/02/2021 - 16/12/2021

Location: Karingal Place Room 2

We sing in harmony without accompaniment.

Type: 4 Terms

Frequency: Weekly Class, Thu 15:00 - 16:30

Tutor: Joanne Mujic

### 21MUS03: The World of Classic Jazz

Dates: 01/02/2021 - 13/12/2021

Location: Karingal Place Room 3

This class aims to introduce people to the various styles of jazz in a friendly listening/discussion type manner. No previous knowledge of music is required.

Type: 4 Terms

Frequency: Weekly Class, Mon 10:00 - 11:00

Tutor: Peter Wright

### 21MUS04: The Singers & The Song

Dates: 01/02/2021 - 13/12/2021

Location: Karingal Place Room 3

This class aims to provide a jazz listening experience where songs come from that musical treasure trove known as the Great American Songbook; think - Gershwin, Rodgers and Hart, Cole Porter and the rest. Discussion welcome.

Type: 4 Terms

Frequency: Weekly Class, Mon 11:15 - 12:15

Tutor: Peter Wright

### 21MUS05: Folk Guitar & Singalong

Dates: 02/02/2021 - 14/12/2021

Location: Karingal Place Room 1

The class will focus on basic guitar details, such as, structure, care and tuning; chords and theory; ear training; singing along to guitar accompaniment; strumming and singalong sessions. All students must have their own guitar and will require a folder for handouts. The class will cater for more advanced students.

Type: 4 Terms

Frequency: Weekly Class, Tue 13:45 - 14:45

Tutor: Margaret Gleadall

### 21MUS06: Playing Along

Dates: 03/02/2021 - 15/12/2021

Location: Karingal Place Room 1

We use music videos with lyrics and chords on screen to play along. Usually videos are slowed or the key changed to make things easier. This is a Guitar class.

Type: 4 Terms

Frequency: Weekly Class, Wed 13:45 - 14:45

Tutor: Bill Diver

### 21MUS07: Jazz Choral Group

Dates: 05/02/2021 - 17/12/2021

Location: Karingal Place Room 2

NOTE: NEW START TIME FOR THIS CLASS This class will focus on singing popular songs from the 1920s to 1960s, and then some. The aim is to have fun, first and foremost, by using an informal, creative approach to group singing, and learning and improvising simple harmonies and syncopated rhythms. As well, if class members play instruments, they can bring them in to play along with the group, helping to create a jazz ensemble.

Type: 4 Terms

Frequency: Weekly Class, Fri 11:15 - 12:15

Tutor: Marian de Souza

NOTE: This class may be conducted on ZOOM should Covid19 restrictions require.

**21MUS08: UKULELE - Beginners**

**Type: 2 Terms**

**Dates: 01/02/2021 - 21/06/2021**

**Frequency: Weekly Class, Mon 11:15 - 12:15**

**Location: Karingal Place Room 2**

**Tutor: Marian de Souza**

This is a six month class to get started on playing the Ukulele. We will learn basic chords & strums. You will also have to sing along with your strumming. Students to bring their own Ukulele.

Note: \* Max enrolment for this room is 15 students. Tutors Minimum class size is 5 students.

**21SGS01: Tales of Mystery Murder & Mayhem**

**Type: Short Class**

**Dates: 03/02/2021 - 01/12/2021**

**Frequency: Monthly Class, Wed 12:30 - 13:30**

**Location: Karingal Place Room 2**

**Tutor: Andrea McCall**

A Cornucopia of the interesting and the bizarre. After extensive and endless research on Foxtel, Wikipedia and Booktopia, I have assembled a veritable cornucopia of ticklish topics for 2021. Once a month, I will present these topics to you over an hour of anecdotes, conspiracies and good old gossip. No classes in January or December. Hope to see you there to have some informative fun Frequency: Monthly: 1st Wednesday of the month.

NOTES: Class fee is \$2 per session.

**21SGS02: Tales of Mystery, Murder & Mayhem ZOOM**

**Type: Short Class**

**Dates: 08/02/2021 - 08/11/2021**

**Frequency: Monthly Class, Mon 11:15 - 12:15**

**Location: Zoom**

**Tutor: Andrea McCall**

A Cornucopia of the interesting and the bizarre. After extensive and endless research on Foxtel, Wikipedia and Booktopia, I have assembled a veritable cornucopia of ticklish topics for 2021. Once a month, I will present these topics to you over an hour of anecdotes, conspiracies and good old gossip. No classes in January or December. Hope to see you there to have some informative fun Frequency: Monthly: 2nd. Monday of the month

## Social Activities

**21SOC01: Social Group**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Weekly Class, Tue 11:15 - 13:00**

**Location: Off Campus**

**Tutor: Sue Ansell**

Would you like to have coffee or lunch with other U3A members? We will meet every Tuesday in Nancy's Cafe at Frankston RSL . Coffee at 11.15am and stay for lunch if you wish. NOTE: The 1pm finish time is only nominal as the U3A system requires a finish time to be entered!

**21SOC02: Social Movie Night**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Monthly Class, Tue 19:00 - 23:00**

**Location: Off Campus**

**Tutor: None**

All members of the Social Movie Night Group will receive an email the week before advising the name of the movie, date and commencement/meeting time and also which cinema (either Karingal or Frankston) to attend. Tickets to be purchased upon meeting at the cinema. If you do not have an email address you may contact the office for details or watch our notice boards for details. Our movie nights are subject to Covid 19 Regulations.

## Computers, Smartphone, Tablets

**21TEC01: Photobooks. Term 1**

**Type: 1 Term**

**Dates: 08/02/2021 - 15/03/2021**

**Frequency: Weekly Class, Mon 13:45 - 15:15**

**Location: Karingal Place Room 1**

**Tutor: Peter Stirling**

Create a personalised photo book to celebrate your holidays, grandchildren or other milestone moments. If you are not using your own laptop bring photos to class on a USB stick or CD Term 1 only.

**21TEC08: Modern Tech/Windows 10 & Office.**

**Type: 4 Terms**

**Dates: 03/02/2021 - 15/12/2021**

**Frequency: Weekly Class, Wed 10:00 - 11:00**

**Location: Karingal Place Room 1**

**Tutor: Mark Wilson**

The pitfalls of living in a modern society sometimes mean things seem complicated - trying to understand what machines are asking or what other people are talking about. Tablets and mobiles - how do you use them and what is Facebook, Twitter, YouTube or Instagram? What happened to just answering a call or not touching the screen and having it talk back! Come along with some of your problems (including the device if possible) or just find out what troubles other people are having. This class will also cover an introduction to Windows 10 and MS Office and some of the more common features of the operating system. We will also discuss any problems you have and find solutions.

**21TEC18: BE CONNECTED Computers for Beginners**

**Type: Short Class**

**Dates: 04/02/2021 - 16/12/2021**

**Frequency: Weekly Class, Thu 12:30 - 13:30**

**Location: Karingal Place Room 1**

**Tutor: Bob Favaloro**

This class is part of the Australian Government Initiative to get older persons to learn the basics and realise the full potential of going online. Be safe while you're online. Learn how to shop online safely and securely without leaving home and many more topics. No fee for this class.

**21TEC19: Be Connected Computers for Beginners**

**Type: Short Class**

**Dates: 01/02/2021 - 15/03/2021**

**Frequency: Weekly Class, Mon 10:00 - 11:00**

**Location: Karingal Place Room 1**

**Tutor: Pam Mitchard**

This class is part of the Australian Government Initiative to get older persons to learn the basics and realise the full potential of going online. Be safe while you're online. Learn how to shop online safely and securely without leaving home and many more topics. No fee for this class.

## Yoga

**21YOG02: Yoga Hatha**

**Type: 4 Terms**

**Dates: 02/02/2021 - 14/12/2021**

**Frequency: Weekly Class, Tue 9:30 - 10:30**

**Location: Off Campus**

**Tutor: Elisa Goldenberg**

These experiential classes will allow breath awareness to soften and soothe the body, allowing the body to flow and strengthen into increased flexibility ..... relaxation. Suitable for beginners and the experienced. VENUE AND START DATE TO BE ADVISED

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