



Presidential Message

As a result of advice received, we will not be reopening U3A Frankston for Term 2 at this stage.

We will of course keep you informed. The health and safety of our members and the community is our primary concern.

At this time, we need to be thoughtful and supportive and ask for everyone to keep in touch by phone with anyone whom they know is likely to be isolated etc. If anyone needs help, please let the committee know and we will assist where possible. Please don't hesitate to phone each other as a friendly voice can make such a difference in our lives.

Please abide by the rules set out by our governments both state and federal and stay safe.

Andrea McCall
President

Beware Coronavirus Scams

As we are in the midst of the coronavirus please take care as once again scams are spreading quickly. Please be aware of fraudulent emails which are claiming to have cures, vaccinations, hand sanitizers, masks etc. They also may be asking you to donate to victims, offering advice on unproven treatments, or contain malicious email attachments.

Ensure you do not give out your personal or bank details to anyone. Please delete any suspect emails/texts immediately or speak to someone who you trust and ask for their advice.

Things to do whilst in quarantine

- Phone a family member/friend, stay in touch. Facetime is a great way to see each other without leaving the house.
- TV can get rather boring, maybe look for a movie on Netflix, Stan etc
- [YouTube](#) is offering some live entertainment, music etc. You never know what you will find when you do some searching.
- The Melbourne Zoo is currently closed although you can go into the website and watch some of the animals on [LifeCam](#).
- Your local library is closed but you can get books etc online.
- Check online as there are loads of games that you can download such as puzzles, crosswords, solitaire, mah-jong, sudoku which will keep you occupied for hours.
- Check out our Facebook page.
- Try some gently exercise or meditation.

Tales of Murder Mystery and Mayhem

Here are some book and movie reviews you may care to follow up:

Movies

Official Secrets

Starring Keira Knightley in one of her best roles. This is a short sharp political thriller about the Iraq war and a bit of skullduggery in the British Intelligence community. It is based on a novel from the same time and who knows if fact is closer than fiction. You will need to concentrate as the plot is tricky, but good cinema.

The Current Affair

One of my favourite actors, Benedict Cumberbatch, stars in this story of the Edison, Tesla and Westinghouse and the fight over the AC versus DC currents. This is a great bit of history and gives a good insight into the problems of being the one with new ideas. Sometimes we forget the conflicts involved in the electricity we take for granted now.

Agatha Christie – the Truth of Murder

Yes, I had to get one of these in! This is an unendorsed film so the estate of Agatha do not approve of it. However it is a bit of fun. It supposedly uses the two weeks of Agatha's disappearance to good effect by sending her off to solve a murder in real life. Good acting, lovely scenery, great costumes and an overall bit of fun.

Knives Out

You can watch the gorgeous Daniel Craig playing a southern states american private eye. Bit of a change from James Bond! It is a stellar cast with Christopher Plummer, Jamie Lee Curtis and others. This is a dysfunctional family par excellence. Wheels within wheels, clues everywhere and suspects by the ton. Good fun overall.

Books

The Mirror and the Light by Hilary Mantel

This is the final tale of Thomas Cromwell, Henry V111 right hand fixer. It follows Wolf Hall and Bring up the Bodies. Hilary Mantel spins a great yarn – some fact, some fiction. This is a big book so be prepared for the long haul and keep referring back to the cast list at the front otherwise you will lose track of the characters. A fantastic insight into one of England's most murky historical periods.

The Last of the Bonegilla Girls by Victoria Purman

A real find! Recommended to me by someone who grew up in Albury. It tells the story of the women who lived in the migrant camp in Bonegilla set in the 1950s. This is a marvellous tale of the Australian country, the people and how the new arrivals came to adjust and make their lives with us. It is heartwarming and delightful.

Quichotte by Salman Rushdie

Yes I know he is a very controversial man. However this book demonstrates his wonderful use of language and makes the original story of Don Quixote the basis for his vivid and convincing portrait of modern America. In some places it makes sobering reading, in others you throw up your hands in shock, horror and amusement.

The Good Turn by Dervla McTiernan

The third in her series after The Ruin and The Scholar. This is a good old fashioned thriller. Detective Cormac Reilly returns and is involved in a series of curious and somehow compelling events. Stay with it, concentrate and enjoy a really good modern writer. Set predominantly in Ireland, it holds your attention.

(suggest as the library is now off limits, you can buy any of these online for your kindle, or go to booktopia.com and they will deliver).

Sudoku (click link to access more games online)

	9		4		2			1
2					5		8	6
3	5			9	1	4		
		6		3	9	2		
9		3				7		8
		1	8	2		3	6	
			2	6			9	3
8	6		9					4
4			7		8		5	

How to play Sudoku

The goal of Sudoku is to fill in a 9x9 grid with digits so that each column, row, and 3x3 section contain the numbers between 1 to 9. At the beginning of the game, the 9x9 grid will have some of the squares filled in. Your job is to use logic to fill in the missing digits and complete the grid.

Don't forget, a move is incorrect if:

- Any row contains more than one of the same number from 1 to 9
- Any column contains more than one of the same number from 1 to 9
- Any 3x3 grid contains more than one of the same number from 1 to 9

U3A Network - Regional Meeting

The U3A Network Regional meeting was held on Monday 23 March using **Zoom**. Usually these meetings are held in Melbourne and members travel from around the State to attend the meeting. The meeting was held via Zoom and ran smoothly, even though many of us were new to using it. Zoom is free and easy to use - with a little help to get started.

The image shows President Susan Webster, other regional reps with Ian Payne and myself. Dennis Mason





Be Connected
Every Australian online.

Be Connected is an online training facility, provided by the Australian Government, to improve the internet and computer skills of Australians over 50. Topics include everything from basic computing to safety and scams, Social Media, hobbies, games to shopping and payments on line and many other topics.

U3A Frankston has to date enrolled over 100 people in the Be Connected program. The topics are well presented, they are free and you can enrol and work from home using your own device - computer, laptop or tablet.

Click here to sign in <https://beconnected.esafety.gov.au/login/index.php>

If you have already joined Be Connected, I would encourage you to keep learning, just sign in with your email address and your Be Connected password and keep going with your topics. Please ensure that you complete any topic you start, including the feedback questions.

For people new to Be Connected, click “**Create new account**” and follow the prompts. (please write down the Be Connected password that you decide to use – please don’t forget it!)

Just one request – The “**Name of the support centre**” is U3A Frankston – that way the reporting system will be correct, and we will satisfy our Grant conditions.

First name* 

Last name* 

Name of support centre



- U3A Frankston**
- U3A Redcliffe**
- U3A SurfCoast**
- dennismason6@gmail.com

Once you have joined Be Connected, go to the Topic Library and select and complete a topic, preferably in the topic order.

If you have problems with Be connected please email me on dennismason6@gmail.com

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