

# Learn...Laugh...and...Live

## Are you retired or semi-retired?

**Do you have the time now to pursue your interests but not sure where or how?**

Come on down to U3A Frankston where you can get involved in a huge selection of interests, activities and courses:

- Creative Arts
- Human interest ideas and discussions
- Languages
- Music
- Technology / Philosophy / Science
- Exercise / Dance / Yoga



**Develop your interests in a friendly and informal environment.**

We welcome you to join our organisation and involve yourself as much or as little as you like. Currently we have over 680 seniors, just like you, who gather together in groups to learn, explain, discuss and solve all the things that interest and amuse them.

WHERE: KARINGAL PLACE, 103 ASHLEIGH AVENUE, FRANKSTON

WHEN: MONDAYS TO FRIDAYS

HOW: visit [www.u3af.org.au](http://www.u3af.org.au) to sign up online and see all the classes on offer, or come to the office between 9:15am and 1:15am Monday to Friday and we can take care of everything for you.

**Phone us on 9770 1042 for further information**

**We look forward to meeting you  
at U3A Frankston!**