

# Years Ahead

## road safety for seniors



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Years Ahead is an RACV road safety awareness program especially designed for older road users.

The program involves a one hour discussion based presentation and is available free of charge to organized groups of older people throughout most of Victoria.

Specially trained RACV staff visit groups of older people, presenting road safety information to assist them to remain safe on the road.

RACV staff bring all of their own audio-visual equipment and groups can be as small as 20 people or as large as 80 people. Years Ahead is available to all groups, but a full hour is required to deliver the program.





*The presentation covers the following areas:*

- Driving and road safety tips for drivers, passengers and pedestrians
- The importance of choosing a safe vehicle
- The importance of being fit to drive
- The impact of health and medications on driving
- How to assess your own driving ability
- Information about alternative transport options
- How to plan for future mobility.

- **RACV believes that all drivers should continue to drive for as long as they are safe to do so.**

- **RACV encourages all drivers to take responsibility for their driving ability and make sure they are fit to drive.**

- **RACV encourages drivers to have regular checkups and discuss their fitness to drive with their health professionals.**

Years Ahead is designed to give people information to help them achieve this.

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**Book a Years Ahead Road Safety  
for Seniors presentation:**

**[racv.com.au/yearsahead](http://racv.com.au/yearsahead)**

**(03) 9790 2915**

