



Message from the President ...

With the yearend upon us and calendars filling up fast it is easy to be caught up in the busyness and hype of the Christmas season. If possible find time to reflect on what is important and look after yourself.

Term 4 started with the very popular First Aid/CPR refresher classes run by 1SDO Training P/L. We hope to present these classes again in 2019.

October was Seniors Month! Thank you to those members who "manned" our displays at local shopping centres. Significant effort went into the preparation of these displays and we had a good response from the general public.

The Federal Government is running a program to improve essential "on-line" skills for people over 50. The program is known as "Be Connected" and U3A Frankston is a program partner.

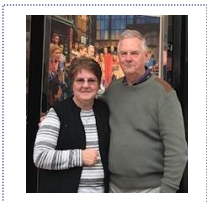
We will be supporting 30 people (members and nonmembers) to work through the very good on-line training courses for their computer, tablet, laptop or mobile phone, starting 2019. U3A Frankston will receive a \$2000 grant for being a Be Connected Partner.

The program is free and covers topics from computer basics through to security/scams, social media and online banking. If you are interested in participating or for further details please contact Peter Stirling on 0439 562 166.

While on the topic of being on-line, can I encourage you to enroll in your classes on-line in January 2019. On-line enrolment reduces the work on our office volunteers.

A Christmas get together for all members is planned for Friday 7th December. This will be held in our gardens (or the Exam Room if raining) and is a great time to meet up with members and tutors to celebrate the highlights of the year.

We have several summer classes running over the holiday season so please join in if you are looking for something different.



Wishing you all the best for a safe and enjoyable holiday season!

Dennis Mason
President

Enrollment Day - Thursday 17th January 2019

Commencing at 10.00am Sharp

You can renew your membership, enroll in classes and confirm/update your personal details by

- Going online (using U-MAS) or
- Coming into U3A Frankston on Enrolment Day 2019 for assisted renewal. (Please complete and bring a course enrolment form).

Dates to Remember

End of 2018 Classes – 7th December

Christmas Get Together – 7th December

Enrollment Day – 17th January

Term 1 Dates, 4th February – 5th April 2019



Summer Classes (held over the Christmas Break)

Rummikub with Brian Donnelly - Summer with Dave Goldsmith

Summer Chat with Brian Donnelly - Summer Art Class with Keith Broad

Class Coordinator

Bob Favaloro has recently taken over the role of class coordinator. We thank Keith Broad for his work in that role over the past year. All Tutors, please ensure that you see Bob for any class changes, information, etc.

The Power of Learning

Whoever said that you are too old to learn new things? Well, they never came to or experienced U3A.

One of the greatest scourges facing us as we approach the end of the second decade of the 21st Century is that we only need to press a button and all the answers to any question we have becomes available. The advent of technology has in many ways made us lazy, less inquisitive and has eliminated some of the great benefits of being alive – that of company and the visible and physical exchanges of ideas, and the research for more. U3A gives us the chance not only to pass on our knowledge to others but to learn from others as well.

What more can we hope to gain from this form of companionship – the broadening of ideas, the widening of horizons and above all the love of learning?

Learning is for life – it is one of the most powerful things we have as humans. Our ability to communicate in words enables us to maintain our place as sentient, sensitive and ever inquisitive and enquiring humans. It enables us to engage with the people and places around us and to connect with the wonders of our world.

Never forget the Power of Learning and the importance of it in ensuring your continued valuable contribution to the community.

Thank you for being a part of U3A Frankston – tell your friends, tell your neighbours – in fact tell anyone about how wonderful it is!

Design Advisory Committee

Frankston City Council is seeking Expressions of Interest from members of the community to join our Design Advisory Committee.

The Committee's purpose is to provide Council and officers with supplementary feedback relating to the design aspects of significant development applications.

The successful candidates will have a relevant tertiary qualification and professional experience in one or more fields relating to the building design and development industry such as urban design, architecture, town planning or environmental engineering.

Expressions of Interest submissions close **5pm Friday 14 December, 2018**. For more information and to complete an Expressions of Interest form please visit www.frankston.vic.gov.au/DesignAdvisoryCommittee

Interview - Andrea McCall, Tutor

I started life in England – the only child of a Belgian war bride and her English army major. I was educated at a Catholic boarding school (which is obviously why I dislike formalised religion) and then went on to University in Lyon, France, a city famous for its medieval history and its food. Like all good children of the 60s and 70s I did an Arts Degree, returned to London to add bilingual secretarial skills and set out on the road of work. I also spent a short time as an au pair in Italy (obviously where I developed my dislike of small children). I was sacked from my first job, having discovered boys and long weekends and so having had the right shock, I went back to study and became a Personnel Officer in first the brewing (Guinness) and then the tobacco industries (BAT). I neither drink beer nor smoke! Somewhere along the line I got married, but did not like it and so got divorced and even more radically, emigrated to Australia. It was the best decision I ever made. So good in fact that my parents followed three years later.

My career here has been predominantly in Human Resources but I had a detour into the political arena working for the Premier and then as the Liberal Member for Frankston in the late 1990s. After losing my seat, and not getting the generous pension the public seems to think we all get, I went into academia and lectured and tutored at Monash Peninsula, Swinburne, RMIT and Victoria University. International students were a real challenge and I clashed with University Administration over how they were cosseted and favoured. At the same time I ran my own consulting business and trained as a mediator and mentor.

As with all things, time was against me and retirement beckoned. I spent over 5 years on a state government board in the adult and further education area, becoming increasingly frustrated with poor management in the Education department and so became more involved with the local groups. I was also getting tired of driving through endless and seemingly everlasting roadworks.

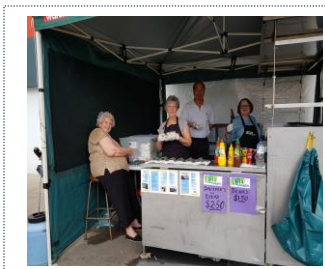
I am passionate about education in all forms – hence my involvement in U3A and my local neighborhood house. I love being a tutor and am constantly looking for more topics to talk on. I am also sought after as an Emcee and speaker to various groups.

I am a supporter of the Creative Arts through the Melbourne International Arts Festival and other arts – be they painting, theatre, music, dance and, of course, writing.

Travel is my hobby and I have been fortunate to be able to voyage to many fascinating and different places. As long as I am able, I will travel.

I am passionate about my local environment so I am a member of my local residents association. I drink the Peninsula wines, adore the Mornington Peninsula and above all care for my very elderly father and my beautiful Russian blue cat.

Sausage Sizzle



Our most recent event and biggest fundraiser for U3A Frankston was the recent Bunnings BBQ. It was a most enjoyable day for all the volunteers; hard work but fun. The weather was a little against us in the morning but brightened in the afternoon. It's interesting how much you can learn when just chatting with other people. The BBQ was also a good opportunity to promote U3A Frankston in the community. Thank you to all who assisted and contributed for this event. \$840.00 was raised on the day.

Survey - Winning Entry

Joining U3A was one of the best things I have ever done and I feel privileged to be part of such a wonderful institution. I have met interesting people from different backgrounds and walks of life. I feel honored to be able to share time and ideas with them. I have learned much and greatly expanded my horizons. - **Anna Campanella**

Rambling All Over

Following on from our Spring Newsletter article, our September Ramble through the Melbourne General Cemetery was made all the more interesting thanks to our somewhat offbeat and very knowledgeable MGC guide, who regaled us with fascinating stories of some of the interred; tales ranging from the historic, macabre, curious, amusing and melancholy.

We explored the new mausoleum and were treated to a tour of the historic Gatehouse. Most interesting! We also noted that the stonemason has some work ahead to get up to date on the Prime Ministers' Commemoration Wall. The Maribyrnong River circuit which began at the Angler's Tavern, introduced a number of Ramblers to an area of Melbourne not previously known to them. This magnificent river originates in Mt Macedon and wends its way through the northern and western suburbs to Port Phillip Bay. A great walk, organised by Carolyn, which concluded with refreshments at the Boathouse Café and return by tram to the city and train home.

Over four terms of the year we have:

- welcomed new members and old on the first walk of the year through the Botanic Gardens Melbourne
- walked through historic Newmarket and lunched at multicultural Footscray Market
- enjoyed coffee and cake at the BP Service Station following our ramble along old Mornington Railway Line
- returned to explore the Frankston Nature Conservation Reserve, our first since its change of management
- missed out on Hedgeley Dene Gardens and Malvern East because of the uncertainty of transport due to train disruptions/line works, but substituted with the popular McClelland Gallery and Sculpture Park
- rugged up and walked the wonderful Mount Martha Boardwalk along Balcombe Creek
- trekked around Albert Park Lake just missing the lunch-time joggers
- enjoyed our longest walk of around 8km following the scenic Yarra and through Hawthorn's picturesque streets and the excellent Yarra Trail to Richmond
- been thrilled with our local walk and stunning views through the Pines Flora and Fauna Park.
- enjoyed a coffee and cake in Mordialloc following a bracing walk along the beach from Mentone

At the time of writing we are looking forward to a return ramble through Wilson Park, Berwick, and to attending our final walk and end of year celebratory lunch at Sage's Cottage on 28 November.

The Rambling All Over stall at Camp Manyung during the Frankston Senior's Festival "Get Active Expo" initiative created interest among those wishing to join an activity based group. Our stall was one of many providing advice and information.

We have found it necessary to limit our membership to 30 Ramblers, which number includes the Day Leaders, so don't delay in enrolling, and note that there is provision to be put onto a wait list. The 2019 enrolment date is 17th January.

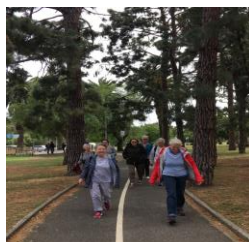
In the event the temperature of the day is forecast to exceed 35C, our Ramble for that day will not proceed.

Thank you Ramblers for your support and feedback; we look forward to seeing everyone in 2019.

The Day Leaders, Joan, John, Richard, Carolyn and Suzanne wish all U3A Members and Ramblers a happy, healthy and safe Christmas, New Year and festive season.



**Botanic
Gardens
Cranbourne**



**Maribyrnong
River**



**Mentone to
Mordialloc**

U3A Frankston Choir

invites you to join them for a joyful End of Year Concert with a variety of music including Christmas Carols and Sing-a-long Songs.

10.00am – 12 Noon
Thursday 6th December
 (including morning tea)

The Uniting Church
 16 High St Frankston (Mel 100A A9)



All welcome, no booking needed

Voluntary donations at the door will be forwarded to MS Australia.
 Receipts issued for amounts of \$5 and over.

Further details contact Kay – 0407 661 991

Poets Corner

A lovers call...

Where is that girl, so lovely once was mine, slipped away where no light shines, come into the sun sweet girl
 divine, spread your wings and learn to Fly
 The sky so high of endless blue, just the right place for me and you
 Float and turn, ride up high, bring joy to your heart, have instant delight
 Glide safely in the power of light; just leave those dreams that cause you grief
 Time speed on it is a thief, return to me again, let me love you make amends

Alma Portman

A Little Bit of Housekeeping...

- As we are on the grounds of John Paul College there are many children, school crossings and generally a very busy road to navigate. We ask all to please take special care when entering or leaving U3A.
- Did you know that we have a book exchange in the tea room? Please feel free to use this at anytime.

*Best Wishes to all for a Safe and Happy Christmas and a
 Wonderful New Year!*



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