



Dancing for Fitness and Wellbeing

Come dancing, learn ballroom dancing with a group of friendly and happy people, meeting socially each week.

New Vogue, Latin American and all those old familiar ballroom dance styles.

A professional tutor having many years of experience teaching ballroom dancing on the Peninsula.

Dance classes that can help reverse the signs of ageing in the brain and also improve our balance.



Where: Bruce Park Hall, Margate Avenue, Frankston

Dates: Class commences Wednesday 3rd October & concludes 5th December, 2018

Time: 1:30pm until 3:30pm.

Fee : \$40 per term